



Early Learning and Childcare Centre

### **SUN AWARENESS POLICY**

Young children need special care when they are in the sun as they are vulnerable to sunburn, so as adults it is important that we take precautions for them. However the sun also provides health benefits and so a balance must be drawn.

- Staff will attend training, if available, about the benefits of the sun and the risks of sunburn and how to prevent it.
- Staff will ensure that protective care is provided when necessary.
- Particular care will be taken when children are outside during the hottest part of the day (between 11am and 3pm).
- Ferryfield will provide all children with brimmed hats and will ensure children wear them.
- Parents will be asked to provide each child with sunscreen, which should have a Sun Protection Factor of 30.
- If parents do not provide their own sunscreen, staff will use Ferryfield's sunscreen which has a sun protection factor of 30.
- If available, children will be encouraged to play in shady areas when outdoors in strong sunshine.
- The staff will spend time explaining to the children about sun safety and how child can help themselves to not get burnt or dehydrated when it is hot.

Adopted by the Committee .....

Date .....

August 2016